



**American
Red Cross**

Heart of Tennessee Chapter

Heart of Tennessee Chapter
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News Release NEWS RELEASE

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Heart of Tennessee Chapter Offers “Trick” to Safety this Halloween *Everyone Should Follow the “Lucky 13”*

MURFREESBORO, Tenn., October 23, 2009 — Ghouls and goblins will take over the night. But even scary creatures need to be safe and celebrate Halloween right. Halloween’s greatest hazards aren’t vampires and villains, but falls, costume mishaps and automobile collisions. The Heart of Tennessee Chapter of the American Red Cross wants your family to have a safe Halloween so we’re providing these tips, the lucky 13:

- Map out the route that you plan to roam, so adults are assured you will find your way home!
- From the bravest of superheroes to the noblest of knights, everyone should remember to bring their flashlights!
- If you visit a house where a stranger resides, accept treats at the door and, please, don’t go inside.
- When you get ready to put on your disguise, use face paint instead of masks, which will cover your eyes.
- Always remember, before you embark, to wear light-colored clothing to be seen in the dark! (And remember to use reflective tape, even on bikes, skateboards and brooms!)
- Whether you walk, slither or sneak, do it on the sidewalks and not in the street.
- As you roam through the neighborhood collecting your treats, please look both ways before crossing the street! (And cross from the corner!)
- Wigs, capes and costumes are flammable attire, so avoid open flames to prevent a fire!
- Use a glow stick instead of a candle so your jack-o-lantern isn’t a safety gamble!
- You may fly on a broom or a space ship from Mars, but please be on the lookout for drivers in cars! (And don’t hide between parked vehicles).
- Monsters and zombies should stay off the lawn, and only visit homes with their porch lights turned on!
- You may be dressed as a werewolf, a cat or a frog, but be cautious around strange animals, especially dogs.
- Have a grown-up inspect your candy when you’re done trick-or-treating to remove open packages and choking hazards before eating.

For a detailed list of Halloween safety tips for motorists, parents and homeowners visit www.midtnredcross.org.

The Heart of Tennessee Chapter of the American Red Cross provides vital emergency assistance to help victims of local disasters in Rutherford, Bedford, Cannon, Franklin, Coffee & Moore counties. Over the past year the Chapter trained nearly 15,000 people in CPR & First Aid, Babysitting and Aquatics training, and provided pre-deployment briefings and emergency communications for over 640 active duty military personnel and their families. Over 13,177 pints of life-saving blood were collected from the community last year. All of these services are made possible by over 320 dedicated local Red Cross volunteers as well as through generous gifts from the local community. To get more information please call 615) 893-4272 or log on to www.midtnredcross.org.

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