



**American
Red Cross**

A Different Way to Help Save Lives

Platelet pheresis is another way to donate blood and help save a life. Phersis is the process of drawing whole blood from a donor, separating the blood into its components, keeping one or two components — in this case, platelets and possibly plasma — and then returning the remaining blood components to the donor. The major components of whole blood are red cells, white cells, platelets and plasma. Platelets are cells that help form clots and control bleeding

For More Information

You can donate platelet pheresis at the Murfreesboro Donor Center. To Schedule an appointment in Murfreesboro please call:

615-346-7977

THE FACTS

Blood Types Needed for Platelet Pheresis Donations

Type A+, Type AB+ and Type AB-

What You Need To Know Before Donating

To donate, you must be at least 17 years old, weigh a minimum of 110 pounds, and be in good general health.

Do not take aspirin within 48 hours of donating. Tylenol, Advil and Aleve are some acceptable substitutes.

You can donate platelets as often as every 48 hours, but no more than 24 times per year.

The average donation time for platelet pheresis, including health history and canteen is typically two and a half hours from start to finish.

Platelet Pheresis Donation